



## **LIBERTY VIEW CBRF PROGRAM STATEMENT**

*Revised 2/28/10*

### ***Description:***

Liberty View is a Class A CBRF designed to serve up to eight (8) adults who have chronic mental illness or who are dually diagnosed. It is located at 611 Main Street, Eau Claire, Wisconsin, 54701.

### ***Admission Policy:***

Liberty View is open to persons aged 18 years and older with mental illness and/or dually diagnosed developmental disabilities, and/or persons with traumatic brain injuries. These individuals may be recovering from chemical dependency, as well.

Residents must be ambulatory and able to follow directions and take independent action in emergency situations.

Residents considered for admission to Liberty View must be programmatically compatible with each other.

Liberty View welcomes individuals who exhibit challenging behaviors, but may exclude persons who are actively suicidal, who present a chronic and severe danger to themselves or others, and/or who are destructive of property, unless an Individual Service Plan identifies the areas of risk and serves as a reasonable plan to minimize these risks.

Within 90 days prior to admission, each resident must be examined by a physician or registered nurse and found to be free of communicable disease. Documentation of this examination is required prior to admission.

### ***Program Goals:***

The overall goal of Liberty View is to maximize the residents' cognitive, affective, and psychomotor skills in order to help them obtain their highest possible level of functioning. This will be accomplished through attitudes of hopefulness, a structured, yet warm environment, individual treatment plans with realistic goals, and the opportunity for group living and social interaction. Imperative to the program is an emphasis on community integration to the greatest extent possible for each resident. Examples of such integration are vocational opportunities through developmental training centers (DTC, CDC, Supported Employment), religious activities, cultural events, and social interaction through community events and activities. Each resident will have a goal-oriented Individual Service Plan which will be discussed and reviewed with case managers, guardians, families and others involved in their lives.

Participation in "family" life is seen as a therapeutic activity that promotes connectedness and cooperation. A variety of incentives may be provided to motivate individual residents to contribute to the overall operation of the home.

The proximity to the downtown area of Eau Claire allows residents to maximize normalizing activities. Residents gradually assume more responsibility for independent outings. The closeness to bus transportation and community resources facilitates integration.

### ***Specific program goals include:***

1. Assisting and training residents in personal care activities such as dressing, grooming, and bathing.
2. Working with residents to assimilate daily living skills such as meal planning and preparation, laundry, and household chores.
3. Fostering appropriate socialization with residents, including productive and independent leisure time, one-on-one interaction, and group activities.

4. Guiding residents in understanding and expressing their emotions and feelings, focusing on building good self esteem and a sense of self worth.
5. Encouraging and helping residents in maintaining involvement with family members and other significant people in their lives when this contact would be therapeutic.
6. Helping residents understand and accept the challenges of their disabilities and the role of medications to maximize their functioning.
7. Allowing residents to responsibly interact with the surrounding community to maximize healthy independence.
8. Accurately assessing and responding to the unique and changing needs of each resident.

**Staffing Levels and Training:**

Liberty View will have at least one staff on duty at all times. The ratio of staff to residents shall be adequate to meet the needs of the residents as defined in their assessments and Individual Service Plans and for the type of facility.

All staff at Liberty View are trained through BrotolocNorth in-services as well as at least 24 hours of on the job training. In-services include:

CPR	Observing & Charting	Introduction to TBI
First Aid	Seizures	Introduction to M.I.
Fire Safety	Vital Signs & Assessment	Introduction to D.D.
Medication Monitoring	Resident Rights (part 1 & 2)	Personal Care Training
Standard Precautions	Sexuality Issues	
Dietary/Sanitation	Recognizing & Responding to Challenging Behaviors	

The staff are also all trained as Personal Care Workers. All training must be completed within the first three months of employment. Refresher courses are required for CPR, First Aid, Medication Monitoring, Vital Signs & Assessment, and Recognizing & Responding to Challenging Behaviors. In addition, extra in-services are offered throughout the year.

***Safety Issues:***

Liberty View will train residents to develop a working knowledge and understanding of areas where precautions may be necessary, such as emergency plans in case of fire or severe weather, community safety as well as sexuality and abuse issues.

***Program Services:***

Program services are provided as described in each resident’s Individual Service Plan in the following areas:

***Health Monitoring/Psychiatric Services***

Health Monitoring Services are provided by a Registered Nurse who ensures that each resident receives an initial health screening assessment, if needed, and at least yearly examinations by a physician. BrotolocNorth employs a consulting psychiatrist and provides for health care through a number of local health care providers, dentists, neurologists, pharmacy services, and other specialists.

***Medication Monitoring***

Medications will be self-administered and monitored by trained staff. Medication administration by authorized staff will occur only when ordered by a physician.

***Leisure Time Services***

Leisure Time Services are designed to maximize community involvement through frequent attendance at activities and utilization of various resources in the Eau Claire and surrounding area. Residents have the opportunity to structure their leisure time through group consensus, attend sporting events and movies, using the library, the YMCA, and attending picnics and fishing. Special events and tours are scheduled for the residents throughout the year, and they also have opportunities for vacation trips and camping. BrotolocNorth participates in Special

Olympics, and at least monthly, the Eau Claire Region of BrotolocNorth holds a region-wide recreational event – a dance, party, hayride, barbecue, etc. Additionally, periodic gatherings at other houses for arts and crafts promote social interaction with peers. Family-style, home-centered recreational activities include playing cards and board games, listening to music, viewing television and videos, and reading. Participation in exercise programs, walking, and sports activities are also offered and encouraged.

### ***Personal Care Services***

Personal Care Services are provided by BrotolocNorth staff who assist and support the residents in activities of daily living as specified in the residents' Individual Service Plans. Supportive home care service referrals will be made to outside providers when such services are ordered by a physician., if and when Brotoloc staff are not qualified to provide those cares.

### ***Information and Referral Services:***

Residents are also offered an educational program with one on one instruction and the “Double Trouble” support group that focuses on mental health and AODA issues. Additional vocational, educational, counseling and mental health service referrals not included in the per diem rate are provided as necessary or when determined by the interdisciplinary team or recommended by the consulting psychiatrist.

For information and referral services, contact the BrotolocNorth of Eau Claire Regional office.