



## **TIMBER VIEW CBRF PROGRAM STATEMENT**

*Revised 2/28/10*

### ***Description:***

Timber View is a Class A CBRF designed to serve up to eight (8) adults with developmental disabilities, chronic mental illness, traumatic brain injuries, and those conditionally released persons requiring management and treatment under Section 971.17, Wisconsin Statutes. It is located at S8560 Balsam Road, Eau Claire, Wisconsin, 54703.

### ***Admission Policy:***

Timber View is open to persons aged 18 years and older with mental illness and/or developmental disabilities, persons with traumatic brain injuries, and to conditionally released persons requiring management and treatment under Section 971.17, Wisconsin Statutes. These individuals may be recovering from chemical dependency as well. Brotoloc serves these individuals on a short term crisis and respite basis, as well as longer term placements.

Residents must be ambulatory, able to follow directions and take independent action in emergency situations.

Residents considered for admission to Timber View must be programmatically compatible with each other.

Timber View welcomes individuals who exhibit challenging behaviors, but may exclude persons who are actively suicidal, who present a chronic and severe danger to themselves or others, and/or who are destructive of property, unless an Individual Service Plan identifies the areas of risk and serves as a reasonable plan to minimize these risks.

Within 90 days prior to admission, each resident must be examined by a physician or registered nurse and found to be free of communicable disease. Documentation of this examination is required prior to admission.

### ***Program Goals:***

The overall goal of Timber View is to maximize the residents' cognitive, effective, and psychomotor skills in order to help them obtain their highest possible level of functioning. This will be accomplished through attitudes of hopefulness, a structured, yet warm environment, individual treatment plans with realistic goals, and the opportunity for group living and social interaction. Imperative to the program is an emphasis on community integration to the greatest extent possible for each resident. Examples of such integration are vocational opportunities through developmental training centers (REACH, CDC, Supported Employment), religious activities, cultural events, and social interaction through community events and activities. Each resident will have a goal-oriented individual service plan which will be discussed and reviewed with case managers, guardians, families, and others involved in their lives.

Timber View has a farm program and encourages residents to participate in animal care and feeding, gardening, grounds keeping, etc. Participation in "farm family" life is seen as a therapeutic activity that promotes connectedness and cooperation. A variety of incentives may be provided to motivate individual residents to contribute to the overall operation of the home and farm.

### ***Specific program goals include:***

1. Assisting and training residents in personal care activities such as dressing, grooming, and bathing.
2. Assisting and training residents in daily living skills such as meal planning and preparation, laundry, and household chores.

3. Assisting residents in appropriate socialization, including productive and independent leisure time, one-on-one interaction, and group activities.
4. Assisting residents in understanding and expressing their emotions and feelings, focusing on building good self-esteem and a sense of self worth.
5. Encouraging and helping residents in maintaining involvement with family members and other significant people in their lives.
6. Accurately assessing and responding to the unique and changing needs of each resident.

***Staff Levels and Training:***

Timber View will have at least one staff on duty at all times. The ratio of staff to residents shall be adequate to meet the needs of the residents as defined in their assessments and individual service plans and for the type of facility.

All staff at Timber View are trained through BrotolocNorth inservices as well as at least 24 hours of on the job training. Inservices include:

CPR	Observing & Charting	Introduction to TBI
First Aid	Seizures	Introduction to M.I.
Fire Safety	Vital Signs & Assessment	Introduction to D.D.
Medication Monitoring	Resident Rights (part 1 & 2)	Personal Care Training
Standard Precautions	Sexuality Issues	
Dietary/Sanitation	Recognizing & Responding to Challenging Behaviors	

The staff are also all trained as Personal Care Workers. All training must be completed within the first three months of employment. Refresher courses are required for CPR, First Aid, Medication Monitoring, Vital Signs & Assessment, and Recognizing & Responding to Challenging Behaviors. In addition, extra inservices are offered throughout the year.

***Safety Issues:***

Timber View will train residents to develop a working knowledge and understanding of areas where precautions may be necessary, such as emergency plans in case of fire or severe weather, community safety as well as sexuality and abuse issues.

***Program Services:***

Program services are provided as described in each resident's Individual Service Plan in the following areas:

***Health Monitoring/Psychiatric Services***

Health Monitoring Services are provided by an on-staff Registered Nurse who ensures that each resident receives an initial health screening assessment and at least yearly examinations by a physician. BrotolocNorth employs a consulting psychiatrist and provides for health care through a number of local health care providers, dentists, neurologists, pharmacy services, and other specialists.

***Medication Monitoring***

Medications will be self-administered and monitored by trained staff. Medication administration by authorized staff will occur only when ordered by a physician.

***Leisure Time Services***

Leisure Time Services are designed to maximize community involvement through frequent attendance at activities and utilization of various resources in the Eau Claire and surrounding area. Residents have the opportunity to structure their leisure time through group consensus, attend sporting events and movies, use the library, the YMCA, and go on picnics and fishing. Special events and tours are scheduled for the residents throughout the year, and they also have opportunities for vacation trips and camping. BrotolocNorth participates in Special Olympics, and

at least monthly, the Eau Claire Region of BrotolocNorth holds a region-wide recreational event – a dance, party, hayride, barbecue, etc. Additionally, weekly gatherings at other houses for arts and crafts promote social interaction with peers. Family-style, home-centered recreational activities include playing cards and board games, listening to music, viewing television and videos, and reading. Participation in exercise programs, walking, and sports activities are also offered and encouraged.

### ***Personal Care Services***

Personal Care Services are provided by BrotolocNorth staff who assist and support the residents in activities of daily living as specified in the residents' Individual Service Plans. Supportive home care service referrals will be made to outside providers when such services are ordered by a physician.

### ***Information and Referral Services:***

Residents are also offered an educational program with one on one instruction and the “Double Trouble” support group that focuses on mental health and AODA issues. Additional vocational, educational, counseling and mental health service referrals not included in the per diem rate are provided as necessary or when determined by the interdisciplinary team or recommended by the consulting psychiatrist.

For information and referral services, contact the BrotolocNorth of Eau Claire Regional office.