

WOODWARD LANE AFH PROGRAM STATEMENT

Revised 2/28/10

Description:

Woodward Lane is a licensed Adult Family Home, under Wisconsin Administrative Code HSS 88, to serve up to four (4) men 18 years or older, with developmental disabilities, mental illness and/or dually diagnosed. It is located at 3142 Hwy. County P, Chippewa Falls, Wisconsin, 54729.

Woodward Lane is a ranch style home located in the town of Hallie between Eau Claire and Chippewa Falls, Wisconsin. The home has 3 bedrooms, 2 bathrooms, and a roomy eat in kitchen, living room, and laundry facilities on the first floor. The lower level contains a large family room, pool table and storage area. A deck is located through the patio doors in the kitchen with steps leading to a wooded back yard. There is a large rolling lawn in front making this a very comfortable and homey living environment.

The house is not equipped for residents in wheelchairs or for those who walk only with the use of crutches or a cane. It may be compatible for those who have slight difficulty ambulating, as the bedrooms, bathroom, kitchen and living room are all on the first level. It is not necessary for all residents to use the lower level family room. The steps leading into the house are equipped with handrails.

Admission Policy:

Residents considered for admission to Woodward Lane must be programmatically compatible with each other. Similar likes, dislikes, and physical abilities are taken into consideration during the initial intake assessment.

Woodward Lane welcomes individuals who exhibit challenging behaviors, but may exclude persons who are actively suicidal, who are destructive of property, unless an Individual Service Plan identifies the areas of risk and serves as a reasonable plan to minimize these risks. Initial referral and assessment information must be at Woodward Lane upon admission of resident.

Within 90 days prior to admission, each resident must be examined by a physician or registered nurse and found to be free of communicable disease. Documentation of this examination is required prior to admission.

Letters of Guardianship, Protective Placement of any applicable legal documents must be at Woodward Lane upon admission of resident.

Program Goals:

The overall goal of Woodward Lane is to maximize the residents' cognitive, affective, physical health, and psychomotor skills in order to help them obtain their highest possible level of functioning. This will be accomplished through attitudes of hopefulness, a structured, yet warm environment, individual treatment plans with realistic goals, and the opportunity for group living and social interaction. Imperative to the program is an emphasis on community integration to the greatest extent possible for each resident. Examples of such integration are religious activities, cultural events, and social interaction through community events and activities. Each resident will have a goal-oriented Individual Service Plan that will be discussed and reviewed with case managers, guardians, families, and others involved in their lives.

Specific program goals include:

- 1. Assisting and training residents in personal care activities such as dressing, grooming, and bathing.
- 2. Assisting and training residents in daily living skills such as meal planning and preparation, laundry, and

household chores.

- 3. Assisting residents in appropriate socialization, including productive and independent leisure time, one-on-one interaction, and group activities.
- 4. Assisting residents in understanding and expressing their emotions and feelings, focusing on building good self-esteem and a sense of self worth.
- 5. Encouraging and helping residents in maintaining involvement with family members and other significant people in their lives.
- 6. Accurately assessing and responding to the unique and changing needs of each resident.

Staffing Levels and Training:

Woodward Lane will have at least one staff on duty at all times. The ratio of staff to residents shall be adequate to meet the needs of the residents as defined in their assessments and individual service plans and for the type of facility.

All staff at Woodward Lane are trained through BrotolocNorth inservices as well as at least 24 hours of on the job training. Inservices include:

CPR Observing & Charting Introduction to TBI
First Aid Seizures Introduction to M.I.
Fire Safety Vital Signs & Assessment Introduction to D.D.
Medication Monitoring Resident Rights (part 1 & 2) Personal Care Training

Standard Precautions Sexuality Issues

Dietary/Sanitation Recognizing & Responding to Challenging Behaviors

The staff are also all trained as Personal Care Workers. All training must be completed within the first three months of employment. Refresher courses are required for CPR, First Aid, Medication Monitoring, Vital Signs & Assessment, and Recognizing & Responding to Challenging Behaviors. In addition, extra inservices are offered throughout the year.

Safety Issues:

Woodward Lane will train residents to develop a working knowledge and understanding of areas where precautions may be necessary, such as emergency plans in case of fire or severe weather, community safety as well as sexuality and abuse issues.

Program Services:

Program services are provided as described in each resident's Individual Service Plan in the following areas:

Health Monitoring/Psychiatric Services

Health Monitoring Services are provided by an on-staff Registered Nurse who ensures that each resident receives an initial health screening assessment and at least yearly examinations by a physician. BrotolocNorth employs a consulting psychiatrist and provides for health care through a number of local health care providers, dentists, neurologists, pharmacy services, and other specialists.

Medication Monitoring

Medications will be self-administered and monitored by trained staff. Medication administration by authorized staff will occur only when ordered by a physician.

Leisure Time Services

Leisure Time Services are designed to maximize meaningful and productive activities in the community as well as at home. The staff stresses community involvement through frequent attendance at activities and utilization of various resources in the Eau Claire and surrounding areas. Residents have the opportunity to structure their leisure time

individually and through group consensus, visiting the library, local shopping malls, restaurants, picnics in a variety of area parks, sporting events, and special community events. Special events and tours are scheduled throughout the year, as well.

Family-style home-centered recreational activities include playing cards and board games, listening to music, various arts and craft projects, viewing television and videos and reading books, newspapers, magazines or book tapes. Participation in exercise programs, walking, and sports activities are also offered and encouraged.

Personal Care Services

Personal Care Services are provided by BrotolocNorth staff who assist and support the residents in activities of daily living as specified in the residents' Individual Service Plans. Supportive home care service referrals will be made to outside providers when such services are ordered by a physician.

Information and Referral Services:

Residents are also offered an educational program with one on one instruction and the "Double Trouble" support group that focuses on mental health and AODA issues. Additional vocational, educational, counseling and mental health service referrals not included in the per diem rate are provided as necessary or when determined by the interdisciplinary team or recommended by the consulting psychiatrist.

For information and referral services, contact the BrotolocNorth of Eau Claire Regional office.